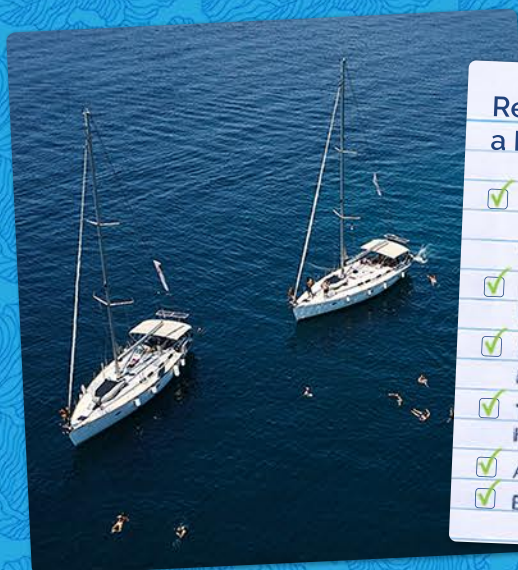


# HOW TO REDUCE YOUR WASTE ON A YACHT



## Reducing Waste Before a Departure:

- ✓ Pack eco friendly cosmetics (shampoo, toothpaste and sunscreens without microbeads)
- ✓ Pack a reusable bag and water bottle
- ✓ Buy only low nitrogen and no phosphorus detergents
- ✓ Take only what you will use to avoid heavier luggage
- ✓ Avoid single use packaging
- ✓ Buy products in bulk

## Reducing Waste During Your Trip:

- ✓ Separate waste and use appropriate bins in the marina
- ✓ Prevent cooking oil, grease and dairy from going down the sink
- ✓ Don't leave items on the deck to be blown into the sea
- ✓ Carry a keep-cup for your coffee on the go
- ✓ Pick up litter when you see it
- ✓ Be conscious of your water use onboard
- ✓ Bring a reusable water bottle and refill on the go
- ✓ Refuse plastic straws when dining out (straws suck!)
- ✓ Buy local & avoid plastic packaging
- ✓ Switch off lights and air-conditioning whenever you leave the yacht
- ✓ Do not discharge blackwater near shores, beaches or anchorage sites
- ✓ Use marina facilities for showering, laundry, dishwashing, etc.
- ✓ Enjoy the wind power & choose to sail over motoring
- ✓ Never anchor on Posidonia Beds



## Reducing Waste After Your Trip:

- ✓ Dispose of trash appropriately, recycle and use the correct bin (look out for Green Sail labels to guide you!)
- ✓ Report any environmental problem you come across

